

## Benefits Now® for Plan Members

### Group benefits plans made easy through online access

Benefits Now® for Plan Members, our flexible, online self-serve system, gives you access to plan information 24 hours a day in English or French. Through a secure login, you can access general information about your coverage and specific information about your health, dental and spending account claims. You'll also find information about dependents and printable health and dental claims forms.

Take advantage of the convenience by submitting claims electronically through e-claims on Benefits Now®. By providing your banking information, your claim payments will be deposited directly into your bank account and you can access your Explanation of Benefits on Benefits Now.

With our Ask a Question feature, you can ask the Group Client Service Centre any benefits-related questions with the click of a button. Our secure, encrypted messaging service ensures that your questions remain confidential. You will receive an email notification when the reply to your question has been posted. You can also choose to speak to one of our Client Service Representatives, who offer bilingual services through our toll-free phone number.



#### Register for Benefits Now for Plan Members

Register for Benefits Now for Plan Members by calling our Group Client Service Centre at 1-800-667-8164.

You will be asked for your group and certificate number, as well as security questions to verify your identity. Your Client Service Representative will assist you with your initial Benefits Now setup.

#### More Information

If you have any questions about Benefits Now for Plan Members, contact our Group Client Service Centre at 1-800-667-8164 between 8:00 a.m. and 8:00 p.m. EST, Monday to Friday.